

Isolation

- rarely allowed to travel on their own
- appear to be under the control of others
- tend not to interact with people
- seem unfamiliar in their neighbourhood or workplace



Physical Appearance

- signs of physical or psychological abuse
- look malnourished or unkempt
- wear clothes that are unsuitable for their work

Poor Living Conditions

- live in dirty, cramped or overcrowded accommodation
- work and live at the same address





Restricted Movement

- don't have documents that would allow them to travel
- limited opportunities to move freely
- few personal possessions
- wear the same clothes all the time

Reluctance to seek help

- avoid eye contact
- appear frightened or hesitant to talk to strangers
- fear of law enforcement
- fear of deportation
- unsure who to trust or where to get help
- fear of violence



Unusual Travel Arrangements

- always dropped off or collected from work
- travel very early or very late
- children dropped off or picked up in private cars or taxis at unusual times

